

MOUNT ROGERS COMMUNITY SERVICES

August 25, 2025

Minutes

The Mount Rogers Community Services Board of Directors met on Monday, August 25, 2025, at 1:00 p.m. at the E. W. Cline, Jr., Building in Wytheville, Virginia, including available attendance via Zoom meeting, a teleconferencing program.

PRESENT:

Ms. Susan Clark
Ms. Kathy Cole - Zoom
Ms. Michelle DeBord
Ms. Susie Dixon Garner
Ms. Joanne Groseclose
Ms. Kathy Havens
Ms. Kristyna Lathem
Ms. Christin Long
Ms. Betsy Shearin
Ms. Jo Viars
Ms. Sandy Worrell

MEMBERS ABSENT:

Mr. Patton Graham
Mr. Kris Ratliff
Ms. Rebecca Taylor

STAFF PRESENT:

Ms. Patty Belcher
Ms. Sandy Bryant
Mr. Shaun Charles
Ms. Kathy Cressel
Ms. Samantha Crockett
Ms. Laura Davis
Ms. Kayla Fisher
Ms. Wendy Gullion
Ms. KJ Holbrook
Dr. Marilou Inocalla
Ms. Lakesha Mayes
Dr. Bobby Miglani
Ms. Ginny Moorner
Mr. Mark Morin
Mr. Logan Nester
Mr. Richie Pack
Ms. Rita Viars

OTHERS:

Ms. Mary Dunkenberger
Ms. Elizabeth Heddleston
Ms. Patice Holland
Ms. Charlotte Lewis Parsons &
Friend
Ms. Rose Pignataro
Ms. Laura Taylor

I. CALL TO ORDER

Ms. Susie Dixon Garner, Chairperson, called the meeting to order.

II. MOMENT OF SILENCE

Ms. Dixon Garner offered a moment of silence in recognition of the decisions made during the meeting and the people whose lives are affected by the decisions.

III. CITIZEN'S TIME

None.

IV. ACCEPTANCE OF July 28, 2025 MINUTES

The minutes of July 28, 2025, were approved as presented on the motion of Ms. Kathy Havens and seconded by Ms. Sandy Worrell. The motion passed unanimously.

V. ACCEPTANCE OF DONATIONS

Ms. Kayla Fisher, Director of Executive Office Operations, commented that July donations will be presented to the Board at the September meeting for review and approval.

VI. RETIREMENT RECOGNITION – DR. INOCALLA

Ms. Sandy Bryant, Chief Executive Officer, and Dr. Bobby Miglani, Chief Medical Officer, recognized Dr. Marilou Inocalla, Psychiatrist, on her retirement of thirty-three years of service, effective August 1, 2025.

VII. PRESENTATION – VIRGINIA TECH

Ms. Lakesha Mayes, Director of Grant Writing and Agency Advancement, introduced Mary Beth Dunkenberger, Deputy Director and Research Scientist, and Ms. Laura Taylor, Public Health Program and Policy Research Associate; both with Virginia Tech Institute for Policy and Governance. Ms. Dunkenberger and Ms. Taylor presented an overview relative to Smyth County Behavioral Health Campus (SCBHC), Certified Community Behavioral Health Clinic (CCBHC), Community Mental Health Centers (CMHC), and Community Needs Assessment (CNA), including timeline of projects, data collection and consideration, and national outcome measures.

VIII. OLD BUSINESS

None.

IX. CLOSED SESSION – VA CODE SECTION 2.2.-3711 (8)

Ms. Susie Dixon Garner, Chairperson, entertained a motion to move into closed session.

MOTION: Ms. Joanne Groseclose moved that the Mount Rogers Community Services Board convene a closed meeting under the Virginia Freedom of Information Act for the purpose of consultation with legal counsel regarding legal matters related to the death of an individual receiving services at the Rhea B. Lawrence (Cornerstone) facility in 2023, which discussion is exempt from open meeting requirements under Virginia Code §2.2-3711(A)(8).

The motion, seconded by Ms. Kathy Havens, passed unanimously.

Ms. Susie Dixon Garner entertained a motion to reconvene into public session.

MOTION: Ms. Susan Clark moved to reconvene into public session.

The motion, seconded by Ms. Sandy Worrell, passed unanimously.

After reconvening into open session, the Board certified that to the best of each member's knowledge, only public business matters lawfully exempt from statutory open meeting requirements and only public business matters identified in the motion to convene the Executive Session were discussed in the Executive Session.

Ms. Susie Dixon Garner, Chairperson, stated no motion was needed as a result of the discussion of closed session.

X. NEW BUSINESS

A. Budget and Finance Committee Report

- a. Ms. Patty Belcher presented the financial statement for July 31, 2025, for Board review and approval.

MOTION: On behalf of the Budget and Finance Committee, Ms. Jo Viars, Chairperson, moved that the Board accept the financial statement for July 31, 2025, as presented.

The motion passed unanimously.

- b. Ms. Belcher shared several funding notifications the Agency received from the Department of Behavioral Health and Developmental Services in the monthly Board packet for review.

B. CCBHC Committee Report

Ms. Laura Davis, Chief Continuous Quality Improvement Officer, commented the CCBHC Committee did not meet today; therefore, no report will be presented.

C. Board Governance Survey

Ms. Kayla Fisher, Director of Executive Office Operations, presented each Board member with a copy of the Annual Board Governance Survey for completion. The survey is a requirement through the Certified Community Behavioral Health Clinic (CCBHC). A survey link will be provided for those who prefer to take the survey electronically. Responses to this survey are anonymous and solely for the purpose of documenting that our Board membership reflects the communities and populations of individuals served by Mount Rogers Community Services.

D. Chief Executive Officer's Report

a. Trauma Informed Care Publication

Ms. Samantha Crockett, Director of Behavioral Health Prevention & Wellness introduced Ms. Ginny Moorer, Program Manager of Trauma-Informed Wellness. Ms. Moorer introduced Ms. Rose Pignataro, Professor and Assistant Director of Physical Therapy at Emory & Henry University, who presented an informative overview of the Trauma Informed Care (TIC) Initiative, including community partnerships, partnership goals, trauma-related health inequities, training for healthcare providers and SPTs, interventions, universal trauma precautions, and six core principles for TIC from SAMHSA. Ms. Pignataro shared the four R's (Realize, Recognize, Respond, and Resist Re-traumatization) of TIC, levels of trauma experience and future directions for TIC services.

XI. INFORMATIONAL ITEMS

- Program and Administrative Monthly Reports
 1. Mr. Logan Nester, Director of Marketing and Communications, commented on an individual's success story shared in the Board packet and the life-changing effects on his life as a result of the services provided through the Applied Behavior Analysis (ABA) Program and the Early Intervention Program.
 2. Ms. Kayla Fisher commented that copies of numerous Agency Facebook Website posts have been included in the Board packet along with a recap summary of the scheduled meetings of Ms. Bryant for Board review.

- Dr. Bobby Milgani, Chief Medical Officer, presented an overview of Esketamine Therapy, including Treatment-Resistant Depression, Therapeutic Options for TRD, the inhaled version of Spravato Therapy, and Agency protocols.

XII. ADJOURNMENT

There being no further business, the meeting adjourned on the motion of Ms. Joanne Groseclose and seconded by Ms. Kristyna Lathem, which passed unanimously.

Signed by:

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Ms. Kathy Cole, Secretary