

MOUNT ROGERS COMMUNITY SERVICES

April 24, 2023

Minutes

The Mount Rogers Community Services Board of Directors met in-person on Monday, April 24, 2023, at 1:00 p.m. at the E. W. Cline, Jr., Building in Wytheville, Virginia, including attendance via Zoom meeting, a teleconferencing program.

PRESENT:

Ms. Barbara Bartnik  
Ms. Kathy Cole  
Ms. Mary Coulson  
Ms. Susie Dixon Garner  
Ms. Joanne Groseclose  
Ms. Kathy Havens  
Ms. Susie Jennings  
Ms. Betsey Shearin  
Ms. Susan Sneed  
Ms. Sandy Worrell

MEMBERS ABSENT:

Mr. Gerald Goad  
Ms. Michelle DeBord  
Mr. Kris Ratliff

STAFF PRESENT:

Ms. Patty Belcher  
Ms. Sandy Bryant  
Ms. Kathy Cressel  
Ms. Laura Davis - Zoom  
Ms. Kayla Fisher  
Ms. Wendy Gullion – Zoom  
Ms. Lakesha Mayes  
Mr. Bobby Miglani - Zoom  
Ms. Marlena Thompson  
Mr. Logan Nester  
Mr. Richie Pack - Zoom  
Ms. Rita Viars

OTHERS:

Ms. Patice Holland – Zoom

## I. CALL TO ORDER

Ms. Joanne Groseclose, Chairperson, called the meeting to order.

Ms. Groseclose welcomed the new Board member, Ms. Betsy Shearin, representing Grayson County, to the meeting.

## II. MOMENT OF SILENCE

Ms. Groseclose offered a moment of silence for the reflection of thoughts for others.

## III. APPROVAL OF March 27, 2023, MINUTES

The March 27, 2023, minutes were approved as presented on the motion of Ms. Susan Sneed and seconded by Ms. Susie Jennings. The motion passed unanimously.

## IV. ACCEPTANCE OF DONATIONS

Ms. Kathy Cressel, Director of Operations, announced that the Agency had received numerous donations totaling \$6,429.02 for the months of March and April, including:

(March – Additional donations since the March Board meeting):

- First United Methodist Church in Marion – \$250 in supplies for One Day at A Time Resource Box Supplies.
- Hungry Mother State Park – \$1,150 – Space for 5 Bridges Training.

(April):

- First United Methodist Church in Marion – \$250 in supplies for One Day at A Time Resource Box Supplies. The donation will continue monthly.
- Emory & Henry School of Health Sciences Occupational Therapy Students – \$144 in supplies for the One Day at A Time Resource Box Supplies.
- Art League of Marion – \$200 for meals for the Creating Connections Class.
- The Henderson in Marion – \$20 for space for the Creating Connections Class.
- Ebenezer Lutheran Church – \$60.02 for food for the CHATS Program and Wellness Workshop for Emory & Henry School of Health Science students.
- Millwald Theatre – \$1,750 for space to host the CHATS Program.
- Hungry Mother State Park – \$1,725 for space for the ACE Interface Training.
- The Art League of Marion – \$500 donation for Creating Connection Wellness Services.
- The Lincoln Theatre, Inc. – \$100 donation for the Wellness Fair.
- Grayson Free Market – Dishes to Mountain Retreat Group Home valued at \$50.
- Susie Dixon Garner – Donated 15 jigsaw puzzles valued at \$150 and multiple coats and towels valued at \$80.

MOTION: Ms. Susie Jennings moved that the Board accept the donations as presented.

The motion, seconded by Ms. Barbara Bartnik, passed unanimously.

## V. OLD BUSINESS

None

## VI. NEW BUSINESS

### A. Budget and Finance Committee Report

1. Ms. Patty Belcher presented the March 31, 2023, financial statement for Board review.

MOTION: On behalf of the Budget and Finance Committee, Ms. Susie Dixon Garner, Chairperson, moved that the Board accept the financial statement for March 31, 2023, as presented.

The motion passed unanimously.

2. Ms. Belcher announced the Agency has been awarded the SAMHSA Resiliency in Communities After Stress and Trauma (ReCAST) grant funding for \$4M, over the next four-year period, to be used to expand the Prevention and Wellness Services Program. The project will address the needs of the sub-population of high-risk youth and families needing additional support by expanding evidence-based violence prevention, youth engagement programs, and increase services and support around the geriatric population.
3. Ms. Belcher commented that staff will begin preparing the FY2024 budget within the next few weeks. The budget will include a projected 5% employee salary increase based on anticipated revenues and with the recent proposed 5% salary increase for Virginia state employees, the Agency wants to maintain being a competitive employer in today's market.
4. Ms. Belcher updated the Board on the USDA Grant proposal for the Smyth Campus expansion. Ms. Bryant commented that the project involves expanding the Rhea B Lawrence Crisis Stabilization Unit (CSU) from an eight-bed to sixteen-bed unit, which includes moving the Crisis Receiving Center to the CSU location and the installation of a circular nursing station. Additionally, a Peer Center will be added to the Lisa H. Moore Counseling Center with future expansion of Peer Centers in Wythe, Carroll, and Grayson Counties.

B. Chief Executive Officer's Report – REVIVE Training

Ms. Marlena Thompson, Behavioral Health Wellness Specialist, presented information on the Opioid Overdose and Naloxone Education Program, including training on how to recognize and respond to an opioid overdose emergency using Naloxone. Each participant received a REVIVE bag with two doses of Naloxone.

VII. INFORMATIONAL ITEMS

- Program and Administrative Monthly Reports

None

- Presentation – Board Training – Board Member's Role with Workforce Issues

Ms. Patice Holland, Principle, of the Woods Rogers Vandeventer Black Law Firm, provided training to the Board members, including Board Responsibilities, Fiduciary Duties to the CSB, Review Policy and Procedures, Liability, and Rules of Confidentiality with serving as a member of the Board of Directors.

VIII. ADJOURNMENT

There being no further business, the meeting adjourned on the motion of Ms. Mary Coulson and seconded by Ms. Susie Jennings. The motion passed unanimously.

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Mr. Gerald Goad, Secretary