



Adult Behavioral Health Services

How can we help?

Counseling-Individual, group or family counseling for emotional, behavioral and substance use concerns.

Case Management-Monitor, link, and advocate for adult psychiatric, medical, social, educational, and vocational needs.

Psychiatry-Medication assessment and management.

MAT Services-Medication Assisted Treatment services for those coping with Opiate Use Disorder. Required to be in counseling services to receive this service.

Substance Use Treatment-Substance use counseling in group and individual settings along with Peer Recovery services. Services range from 1-9 hours per week.

Recovery Drug Court-Coordinate services with Recovery Courts in three localities; Wythe, Smyth and Twin Counties.

Integrated Care-Access to a primary care nurse practitioner to help with medical problems to improve health outcomes.

Crisis Care Center-A 23-hour living room model in Smyth County (Marion) that provides crisis intervention, crisis stabilization, and ambulatory detox. A living room model replaces the emergency room with a relaxing environment.

Emergency Services-If a person is danger to self or others trained pre-screeners meet with the individual to determine the right level of care to provide safety.

Cornerstone Crisis Stabilization-An 8-bed mental health/substance use (detox), short-term residential facility to prevent hospitalization.

Evidence Based Treatment-Evidence based therapies include Cognitive Behavioral, Motivational Interviewing, EMDR, Seeking Safety, and many more.

Program of Assertive Community Treatment (PACT)-A service-delivery model for providing comprehensive community-based treatment to persons with severe and persistent mental illnesses.

Community Based Programs-Crisis Stabilization, Psychosocial Rehabilitation, and Mental Health Skill Building are designed to help people manage mental health in the community.

How do I access services?

Same Day Access Hours are available every weekday at all Counseling Center sites in order to provide quick and easy access to services.

8:30-10:30 a.m. are ideal times to arrive, as staff are dedicated to be available to begin intakes. We can accommodate needs for the afternoon or evening hours. Please call the Counseling Center site to make arrangements.

Please note that intakes may take approximately 2 hours.

If you have insurance, please contact your carrier to confirm Mount Rogers is an approved provider.

Locations

Wythe & Bland

770 West Ridge Road
Suite 220
Wytheville, VA 24382
276-223-3200

Carroll & Galax

6999 Carrolton Pike
Galax, VA 24333
276-238-5600

Smyth

216 Hospital Avenue
Marion, VA 24354
276-783-8185

Grayson

108 Bedwell Street
Independence, VA 24348
276-773-3515