# How can we help?

Mount Rogers Community Services provides a wide array of education around geriatric populations, dementia, and behavioral health. This education can help you in understanding and caring for geriatric populations. Mount Rogers offers training and education in the following areas:

- Virtual Dementia Simulation
- Dementia Awareness
- Identifying Dementia
- Types of Dementia
- Communicating with Dementia patients
- De-Escalation Strategies
- Schizophrenia Simulation
- Schizoaffective Disorder Education
- Mental Health Education
- Overview of Mental Health First Aid Identifying Behaviors vs. Personality
- Positive Approach to Care

# **Eligibility**

Mount Rogers can provide education about caring for geriatric populations and their behavioral health needs to any commuity partner who regularly interacts with geriatric individuals or their caregivers. This includes, but is not limited to, hospitals, nursing facilities, and much more.

If you have any questions about this program or how we can help, contact Angela Garrett, Regional Geriatric Specialist, at angela.garrett@mountrogers.org or 276-920-7045.

### Goals

The goal of Mount Rogers' Regional Geriatric Training Service is to provide facilities and the community with high quality training about caring for geriatric individuals and their behavioral health needs.

By training those who interact with geriatric individuals, we raise the quality of care for these individuals. With higher quality of care, these individuals can experience a greater quality of life as they age in our communities and facilities.



# **About Mount Rogers Community Services**

Mount Rogers Community Services provides a wide array of community services for individuals with mental health, intellectual and developmental disabilities, and substance use disorders. All services include the use of person-centered planning and embrace concepts of self-determination, empowerment, and recovery as core principles in supporting individuals to achieve their highest possible level of participation in work, relationships, and all aspects of community life.

Founded in 1972, Mount Rogers serves the communities of Bland, Carroll, Grayson, Smyth, and Wythe Counties, as well as the City of Galax.

Mount Rogers provides services to geriatric communities and organizations caring for geriatric individuals. Contact Angela Garrett, Regional Geriatric Specialist, for more information on how Mount Rogers can help you care for an aging loved one or provide your organization with education regarding dementia and behavioral health concerns in geriatric populations.

#### **Contact Information**

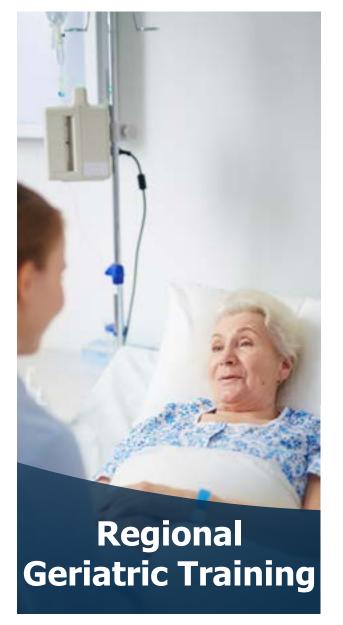
## Angela Garrett

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