# **About Mount Rogers**

Mount Rogers Community Services was founded in 1972 to serve the Behavioral Health and Developmental Disability needs of the people of Bland, Carroll, Grayson, Smyth, and Wythe Counties as well as the City of Galax.

Mount Rogers is governed by a board whose members are appointed by the local governments of the counties we serve.

Mount Rogers provides mental health, substance use, developmental disability, and intellectual disability services. Additionally, Mount Rogers provides employment services to individuals with disabilities through Industrial and Developmental Centers. All services use a person-centered approach and embrace self-determination, empowerment, and recovery to support individuals in achieving their highest possible level of participation in all aspects of community life.



## **Locations & Hours**

Mount Rogers Community Services offers services at more than 20 locations across five counties and the City of Galax. To better serve individuals, Rapid Access hours are available at many of our locations.

Mount Rogers also provides services in community settings including homes, schools, workplaces, and community organizations.

If you are unsure which location to visit or which service may be best for you, please contact us using the information provided.

## **Contact Information**

770 West Ridge Road Wytheville, VA 24382 276-223-3200 info@mrcsb.state.va.us

### Visit us online at

MountRogers.org

**24-Hour Crisis Hotline** 1-866-589-0265





A Certified Community Behavioral Health Clinic

### Counseling

Clinical Counseling Services for mental health and substance use disorder treatment for both children and adults. Using a personcentered approach, staff will assist individuals in developing skills to manage issues and symptoms in order to promote confidence and independence.

### **Crisis Care**

A 24-hour Emergency Services program responds to individuals in crisis. Counselors conduct assessments in order to make appropriate referrals and recommendations for treatment.

Mount Rogers also operates voluntary residential Crisis Stabilization Units for both children and adults.

# **Case Management**

Case Managers specialize in connecting individuals with appropriate services and resources both within Mount Rogers and in the broader community.

### Residential

Adults with developmental disabilities sometimes require assistance and support to live productive and happy lives in the community. Group homes and supervised apartment programs provide individuals with a safe and secure place to live.

Sponsored Residential Homes offer individuals with an ID/DD Waiver Slot the opportunity to live in the home of professionally trained providers. Providers complete a rigorous home certification process training program in order to provide the necessary assistance, support, and supervision to promote optimal health and happiness of the individuals they serve.

# **Day Support**

Day Support is a long-term service that provides training, assistance, and/or supervision to individuals with developmental disabilities. The service supports individuals in acquiring and improving skills such as personal care, social skills, and community involvement.

## **Community-Based**

Mount Rogers offers many services designed to assist individuals in integrating with their communities. Mental Health Skill Building, Intensive In-Home Services, Therapeutic Day Treatment in schools, Program for Assertive Community Treatment (PACT), and other services meet individuals in community settings.

### **Prevention & Wellness**

Prevention & Wellness Programming provides individuals, organizations and communities with trainings, resources, information, and empowerment to lead healthier lives.

# **Employment**

Through Industrial and Developmental Centers (IDCs), Mount Rogers offers employment services for individuals with disabilities. Employment at Mount Rogers facilities is offered, as well as Supported Employment in the community.

