What is Project LINK?

Mission

Helping people whose lives are affected by substance use by linking them to treatment and resources that build their physical and emotional health and wellbeing.

Goal

Lowering the risks associated with substance use on parents and children by providing support, building healthy skills, and increasing opportunities to thrive.

Priorities

- Creating safe environments for parents and children
- Supporting healthy choices
- Understanding the effects of trauma and building resiliency skills
- Encouraging adults to become the parents they want to be

Case Management & Connected Services

Case Management can include referrals and support in accessing resources such as housing, employment, medical providers, and supplies for parents and their children, as well as links to local family-focused agencies.

Peer Recovery and Support Services through home visits provided by someone with lived experience in recovery.

Individual Counseling and Intensive Outpatient Groups that includes nurturing parenting, health & wellness, overcoming trauma, and the 12 steps for recovery.

Other Services Offered

- Individual attention
- Transportation to related appointments if needed
- Referral and Linking to Medication Assisted Treatment (MAT) providing buprenorphine (Suboxone) to treat opiate dependence for parents who meet program requirements
- Link to childcare services during treatment appointments
- Support for parents in collaborating with referral sources or other providers such as their OBGYN, Probation Office, Department of Social Services, Pediatrician and others
- Quarterly recreational activities to help parents build recovery skills and confidence in their recovery
- Mental health case management and therapeutic services for children who lives have been affected by a caregiver's substance use
- Supportive services for caregivers and partners who are affected by substance use

Who is E **Project**

Parents who eligible for F

- Requesting use
- Mandated to treatment
- Pregnant and has a history of substance use
- Currently substance using
- Currently in withdrawal or has evidence of withdrawal
- Positive for Substance Use Screening questions
- A history of significant substance use or prior treatment
- Experiencing negative consequences due to her family member's or partner's substance use

Project LINK serves the family as a whole. A child may be referred to Project LINK services as well if the following criterion is met:

• A child who is or has been affected by a caregiver's substance use

Project LINK Department of be. Developmental Services (Db. regions across the state of Virginia.

Contact Project LINK

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Project LINK

Substance Use Treatment for At-Risk, Pregnant, and Parenting **Adults**

Visit us online at:

mountrogers.org