

Admission Criteria

- Adult diagnosed with serious mental illness
 - History of at least one psychiatric hospitalization
 - Demonstrates a clinical necessity for the service arising from a condition due to mental, behavioral, or emotional illness which results in significant impairments in major life activities
 - Meets two of the following criteria on a continuous or intermittent basis:
 - Difficulty establishing or maintaining normal interpersonal relationships to such a degree that they are at risk of hospitalization or homelessness
 - Require help in basic living skills such as maintaining personal hygiene, preparing food, maintaining adequate nutrition, or managing finances, to such a degree that health or safety is jeopardized.
 - Exhibit such inappropriate behavior that repeated interventions by the mental health, social services, or judicial system are necessary.
 - Exhibit difficulty in cognitive ability such that he/she is unable to recognize personal danger or to recognize significantly inappropriate social behavior
 - Requires 24-hour supervision
- Has the financial resources to pay for the services and the resource needs

Exclusionary Criteria

- Individuals meeting any of the following are ineligible for the Transitional Home:
 - Medical needs that exceed the capacity of the program
 - Inability to comply with criteria specifically developed by the program to ensure the safety of the staff and program participants
 - Inability to comply with criteria related to the development and attainment of goals in a participants' individualized service plan
 - Evidence of current assaultive or violent behavior
 - Evidence of current suicidal/homicidal behavior
 - Current felonious charges pending
 - Active substance use issue
 - Inability to function in a group setting

Services Provided

- Wellness and recovery education, plan development, and implementation.
- Access to psychopharmacological treatment, administration, and monitoring; medication education and support.
- Psychoeducational training that includes development of skills in the following areas: personal care, safety, money management, grocery shopping, cooking, food safety, clothing maintenance, household maintenance, cleaning, social skills, use of transportation, and accessing available community resources.
- Assistance in locating, obtaining, and/or maintaining employment, volunteer opportunities, and/or formalized education opportunities.
- Support, education, collaboration, and skill development provided to individual's family and extended natural support system.
- Housing supports to assist in obtaining and maintaining safe, affordable, and permanent housing at discharge.
- Support services to help individuals access community resources such as legal assistance, money management, medical/dental, transportation, and community support systems.
- 24-hour availability of mobile crisis assessment and interventions in order to avoid the need for more restrictive treatment options.
- Support and education on how to develop and maintain support systems and social relationships.

The Facility

The home is a six-bed facility in which individuals have their own bedrooms and share all other common areas, including bathrooms, laundry area, and kitchen. Our outside area is equipped with rocking chairs and an outside smoking area.

Staff

The Transitional Home staff will serve as the primary provider of each individual's residential and supervision needs. Staff will be present on site 24 hours a day, 7 days a week, 365 days a year.

The Transitional Home staff will coordinate with other MRCS providers to integrate services related to independent living skills, psychiatric evaluation, medication management, case management, outpatient counseling, and other services as deemed appropriate. Staff will also assist in assisting individuals to utilize community resources and engage in community programs/activities.



Service Description/ Mission Statement

Mount Rogers Community Services' transitional home serves as a social and living skills development program for individuals who have serious and persistent mental illnesses, substance use disorders, or co-occurring disorders. The housing program offers supervised living support in coordination with other MRCS programs thereby assisting in achieving and maintaining stability within their residential communities and being able to integrate effectively into their communities independently upon completion of the program. The overall purpose of this program is to facilitate individual recovery, personal growth, promote full participation within/and return to the community setting.

Transitions provides access through direct services or a referral to a multidisciplinary team of psychiatric and medical professionals who can coordinate with the individual in order to establish a thorough plan to address their mental health, substance use, and/or housing needs. The individuals eligible for this program are at risk of repetitive and/or long-term psychiatric hospitalization, in the absence of intervention. Transitions is a residential program that provides supervision for individuals 24/7, 365 days per year.

Contact Information

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Visit us online at:
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Transitions
Transitional Housing Program