



# Youth & Family Services

## How can we help?

- **Counseling** - individual or family counseling for emotional, behavioral, and substance use concerns.
- **Case Management** - monitor, link, and advocate for youth's psychiatric, medical, social, educational, and vocational needs.
- **Psychiatry** - medication assessment and management.
- **Mentoring** - role models work with youth to build self-confidence and self-worth.
- **Parent Education** - home based education and support needed for caregivers to safely and effectively raise their children.
- **Behavioral Therapy** - assists individuals in addressing behaviors including, but not limited to, those diagnosed with autism.
- **PATH (Children's Crisis Stabilization)** - prevent hospitalization of youth in crisis by offering residential and/or mobile services.
- **Mental Health Skill-Building (Youth and Caregiver)** - support individuals in managing mental health to be successful in living independently.
- **Intensive In-Home Counseling** - home-based counseling focused on preventing youth from being placed outside of the home.
- **Mobile Crisis** - treat children in crisis anywhere in our community.

## How do I access Services?

Same Day Access Hours are available every weekday at all Counseling Center sites in order to provide quick and easy access to services.

8:30-10:30 a.m. are ideal times to arrive as staff are dedicated to be available to begin intakes during these times. We can accommodate needs for afternoon or evening hours. Please call the Counseling Center site to make arrangements.

Please note that an intake can take approximately 2 hours.

If you have private insurance, please contact your carrier to ensure Mount Rogers is an approved provider.

## Locations

**Wythe & Bland**  
540 W Main St  
Wytheville, VA 24382  
Phone: 276-223-3291

**Carroll & Galax**  
6999 Carrolton Pike  
Galax, VA 24333  
Phone: 276-238-5600

**Smyth**  
121 Broad St  
Marion, VA 24354  
Phone: 276-781-5900

**Grayson**  
108 Bedwell St  
Independence, VA 24348  
Phone: 276-773-3515

**Mobile Crisis**  
Phone: 276-228-2905