

What does a CRISIS look like?

- Suicidal thoughts
- Threatening behaviors
- Loss of coping skills
- Social isolation
- Self-harm
- Aggression
- Property destruction
- Dangerous or impulsive decision-making

Ask yourself whether the person in crisis is a danger to self or to others. If the answer is YES, we can help.

Mobile Crisis Response Services

- Triage, assessment, and deescalation clinical assistance in immediate crisis resolution
- Brief behavioral support and intervention
- Referrals to additional services
- Services are provided in community settings including, but not limited to, homes, schools, hospitals, social service settings, and residential settings

Crisis Stabilization Services

- Face-to-face Assessment of immediate needs, issues, strengths, and supports
- Preliminary treatment planning; Short-term interventions to stabilize the individual and/or family
- Provide access to immediate followup while in transition to long-term services
- Psychiatric evaluation within 72 hours of admission
- Advocacy for access and linking the individual and/or family to ongoing supports and services
- These services may occur in the individual's home and community or in the office



What do we provide?

- **Rapid Mobile Response** with therapists who come to your location to help.
- **On-The-Spot Counseling** by mental health professional to help stabilize emotional and/or behavioral functioning
- **Assessment and Coordination** for continued stabilization
- **Connections and Referrals** to ongoing services and supports for individuals and families

About Mount Rogers Community Services

Mount Rogers Community Services serves Bland, Carroll, Grayson, Smyth, and Wythe Counties as well as the City of Galax.

We provide mental health, substance use disorder, and developmental disability services to youth and adults.

Youth Crisis Hotline:

(9am -9pm)

276-228-2905

After Hours

1-866-589-0265

Visit us online at:
mountrogers.org

Youth Mobile Crisis Team



Mount Rogers
COMMUNITY SERVICES